



July 21, 2025

Coaching Information for invited dancers

Coaching is available for dancers who would have been invited to participate in competitions.

All participants need to

- Commit to coaching all season (September to the end of March unless going to Finals)
- Follow all the rules in the LBA and LYB handbooks
- Parents must also follow all the rules in the Coaching, LBA, and LYB handbooks
- NEW THIS YEAR: Dancers must comply with the Dancer Code of Conduct and parents must comply with the Parent Code of Conduct

We want this to be a wonderful experience for our dancers. Dancers who are participating should look at competitions as an extra performance opportunity and coaching as an opportunity to grow, while preparing a variation. Please do not put all the focus on winning or base your year's success on whether you won an award. Remember that ballet competitions are a matter of opinion and judging will vary from year to year based on judges' opinions. Parents also need to be on their best behavior and support their children in the best way (which might just be letting them have their own space). You may not understand the judging, but that is not your job. Please do not cry politics or make it about some unknown conspiracy, particularly in public. (And please don't cry in public!) Dance competitions breed dance moms, and we are not interested in being on TV with some dance moms of our own. We are starting to see and hear of some unacceptable behavior, and we simply don't want any part of this.

Coaching will be offered to dancers who would like to participate in competitions. **If you sign up for a competition and then drop out, you will still owe the competition fees.** We will advise you which competition or competitions are best for your child. We feel that the coaching process is important for dancers and that these provide extra performing opportunities. We will also use variations in outreach performances.

Information meetings are on the following dates (You only need to attend one meeting.)

Thursday, July 24th at 6:00 pm on Zoom

Wednesday, July 30th at 7:00 pm in Studio 1 and on Zoom

Once you have committed to coaching by completing the Google Form, Ali will be reaching out to families to determine which competitions and schedules.

This year the coaching team consists of: Talia Boresow, Francisco Estevez, Jennifer Howard, Alison Jaramillo, Tracy Jones, Slava Mesropov, Emma Rutter, Erin Skufca

Not all dancers will work with all coaches, but we will collectively work together to get dancers to competition readiness. **Studying privately with other teachers outside the current LBA is not allowed.**

Group coaching rates for invited dancers are as follows

\$150 per month per dancer billed September to March (7 months).

- Coaching will begin at the end of August
- Please let us know ahead of time when you are going to be absent.
- Dancers need to warm themselves up before coaching so plan on arriving 15 minutes before coaching time.

Payment will automatically be deducted from the card on file at the start date of each month beginning in

September and going through March.

Coaching will be part of the Professional Training Division again

Private coaching with any of our coaches at LBA is also allowed and can be scheduled through the school. Rates vary from \$50 to \$100 depending on the coach. There is no additional rental fee for LBA dancers as long as you follow the rules. If not, we will have to charge studio rental fees.

If you would like to proceed with coaching, please indicate so on the Google Form. Once you have your schedule for the school year, please let us know what time you are available for coaching. Please complete this by July 31st. Final deadline is August 10th.

The Coaching Handbook is almost done and will be sent out soon.

We will be using Band again this year to schedule lessons and for communication, but we will also be using the LBA app more as well. Please let us know if you have any questions. Thanks!

Ali